

SLIGO RFC PRE-RUGBY PERSONAL ASSESSMENT

This following questionnaire must be reviewed ahead of every juvenile training session. Should you answer **Yes** to any questions from 1-5, you should not confirm attendance on training via Heja or at the club before the session begins. For question 6, the latest government travel advice applies.

QUESTIONS		YES	NO
1	Are you a close contact of a person who is a confirmed or suspected case of Covid-19 in the past 14-days? (i.e. less than 2m for more than 15 minutes accumulative in a day)		
2	Have you been diagnosed with confirmed or suspected Covid-19 infection in the last 14 days?		
3	Have you been advised by your doctor to self isolate at this time?		
4	Have you been advised by your doctor to cocoon or shield at this time?		
5	Are you feeling unwell, have felt unwell or suffered any of the following symptoms in the last 14 days? <div style="text-align: right; margin-right: 50px;"> A: Cough B: Fever C: High Temperature D: Sore Throat E: Runny Nose F: Breathlessness G: Loss of smell/tast H: New skin rash I: New gastrointestinal symptoms J: Flu like symptoms </div>		
6	Have you returned from another country in the last 14 days?		

I confirm that my child has answered **NO** to all of the questions above, to the best of my knowledge and in accordance with the club's code of conduct.

I also understand that by confirming attendance for training or games on the teams Heja schedule, I am confirming that I have reviewed the questionnaire before the scheduled session and am confirming that my child has answered **NO** to all questions.

NAME:	
SIGNED:	
DATE:	



KNOW

YOUR ROLE

»»



SHOW

RESPECT

»»



GO

TRAIN WELL